

# SMA as a Whole Body Disease: Evidence from Patients

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# Spinal muscular atrophy (SMA) is...

A generic term

*SMA is a genetic disorder, characterized by degeneration and loss of motor neurons in the anterior horns of the spinal cord and brain stem, leading to symmetrical muscular atrophy and weakness*

Chromosome **5q SMA**



# 5q Proximal SMA is...

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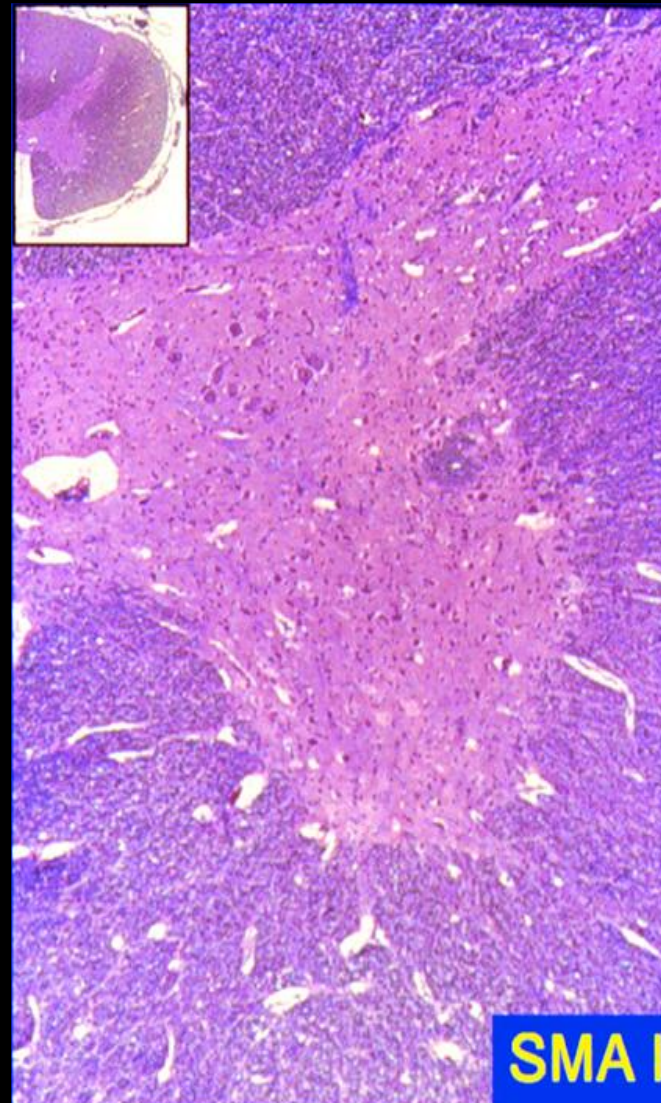
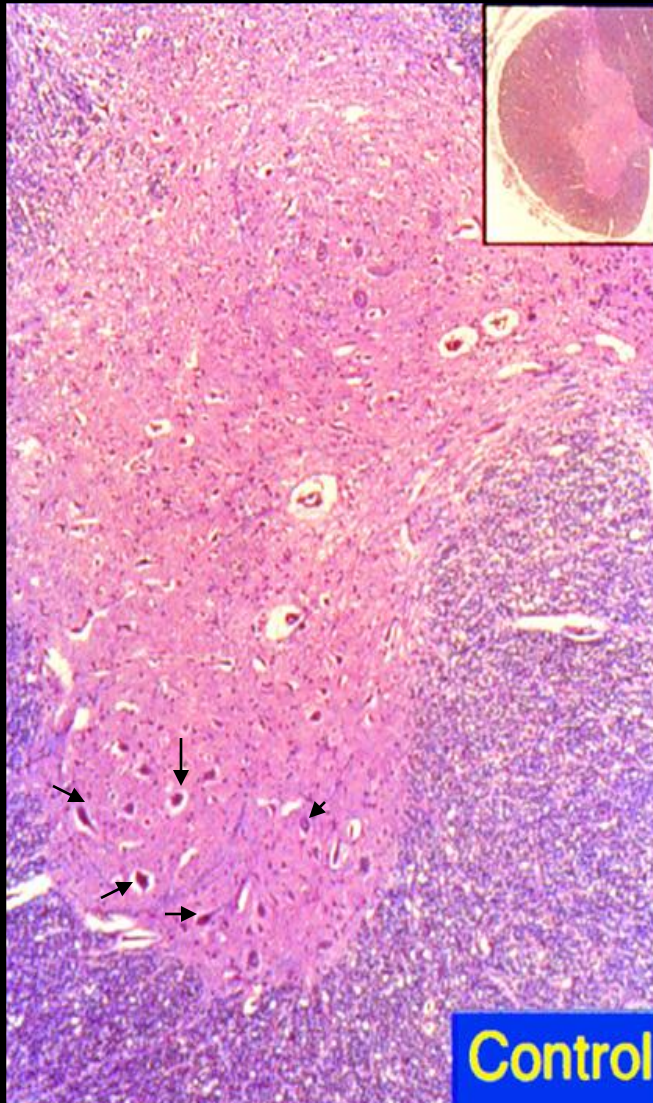
- An autosomal recessive disorder caused by loss or mutation of the *SMN1* gene and retention of the *SMN2* gene
- *SMN1* and *SMN2* genes encode the “survival (of) motor neuron (SMN)” protein
- SMA is caused by decreased levels rather than complete loss of the SMN protein, leading to selective dysfunction of motor neurons in the spinal cord

# **SMA is a disease of $\alpha$ -motor neurons**

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- **Probably an oversimplification**
- **Multiple studies indicate that SMN protein deficiency compromises the function of other tissues**

# Loss of Anterior Horn Cells in SMA



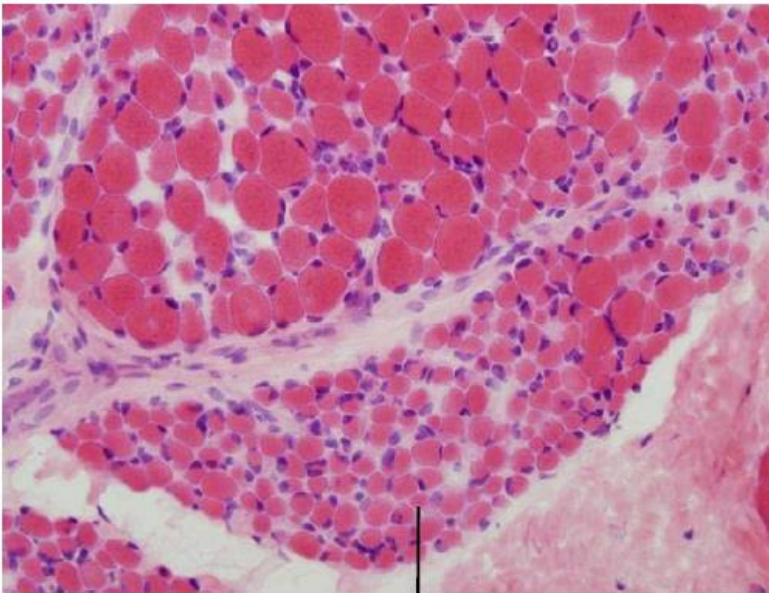
# Other cell types / tissues / organs

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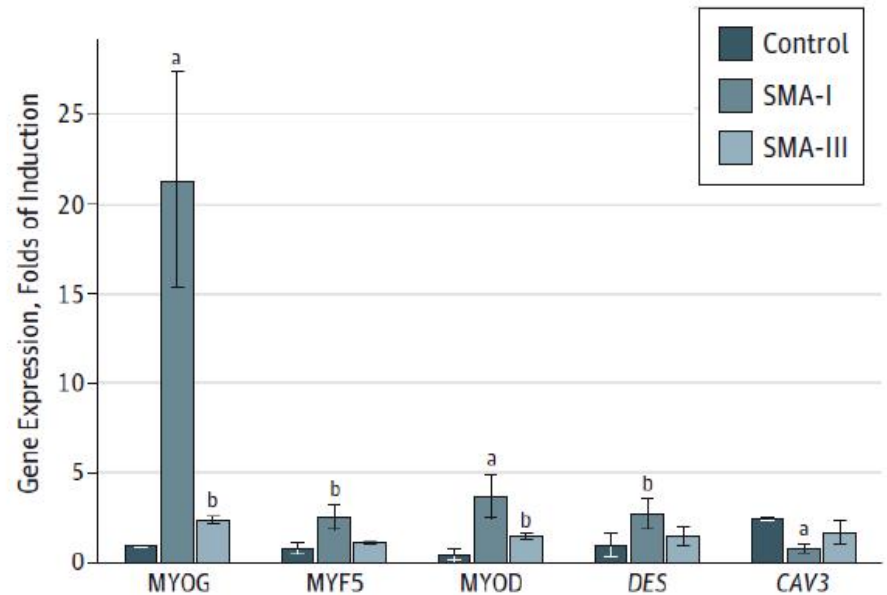
- **Skeletal muscle/ Neuromuscular junction**
- **Heart**
- **Vasculature / Autonomous nervous system**
- **Liver**
- **Kidney**
- **Pancreas**
- **Gastro-intestinal**
- **Bone / Connective tissue**
- **Lungs**
- **Variety of other neuronal populations**

# TYPE I SMA MUSCLE: MANY SMALL MYOFIBERS FEATURES OF DELAYED MATURATION

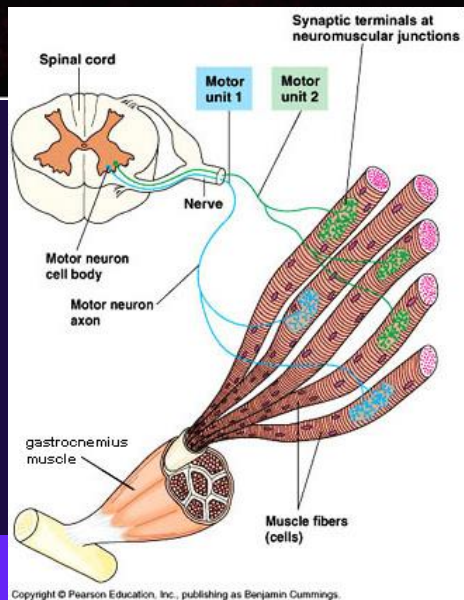
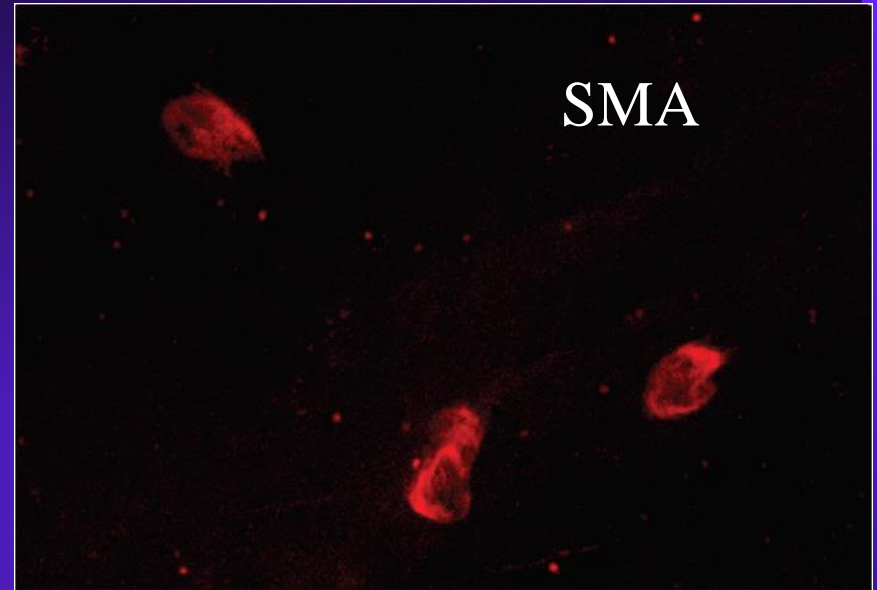
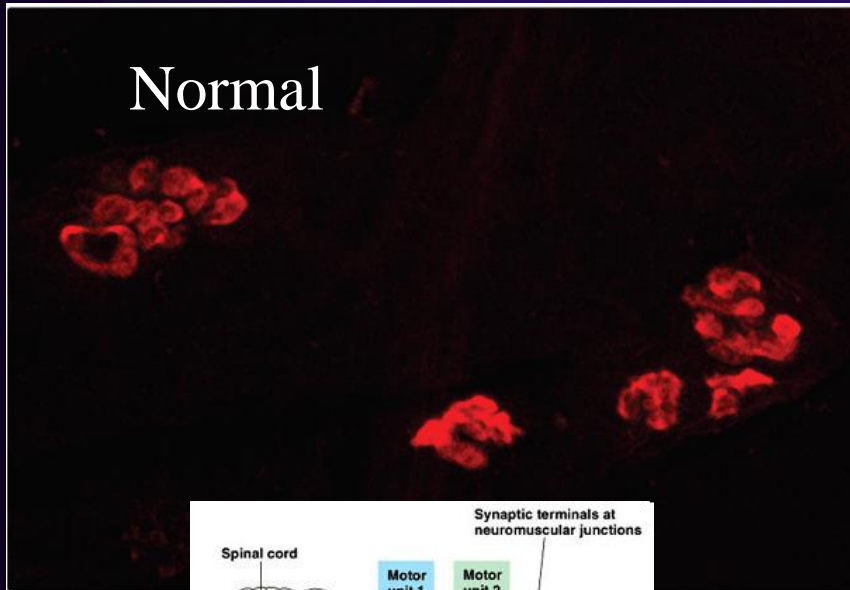
## Type I SMA



Round and small myofibers believed to be developmentally immature



# Neuromuscular Junction in SMA



- Abnormal morphology
- Abnormal EPhysiology
- Fatigue
- **Synaptopathy?**



# Heart

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- **No “apparent” cardiac abnormalities in most patients**
- **Cardiac defects in severe Type I patients**
- **SMA Type II : function, rhythm stable**
- **SMA Type III : none of reported patients had genetically confirmed SMA**

# Heart

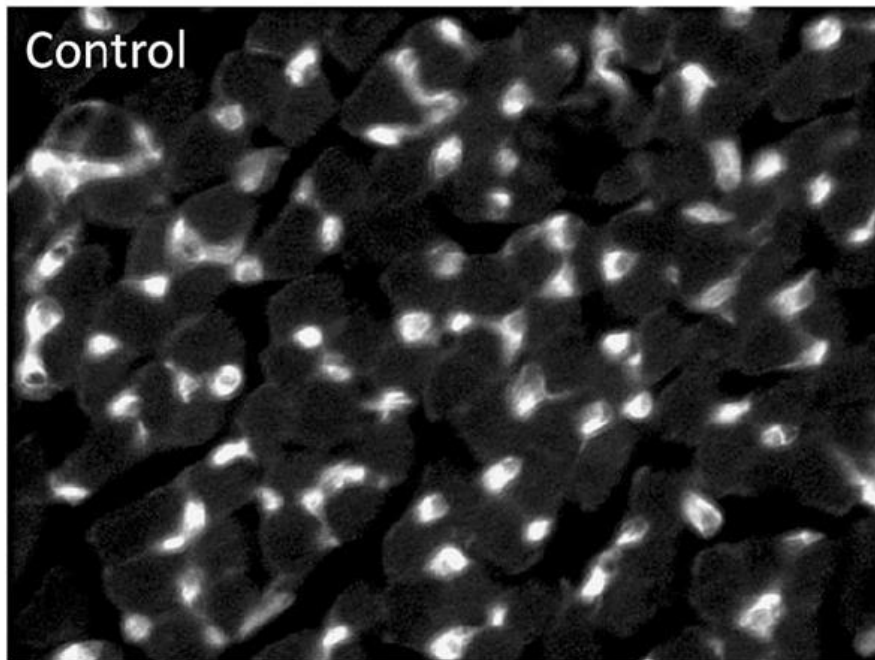
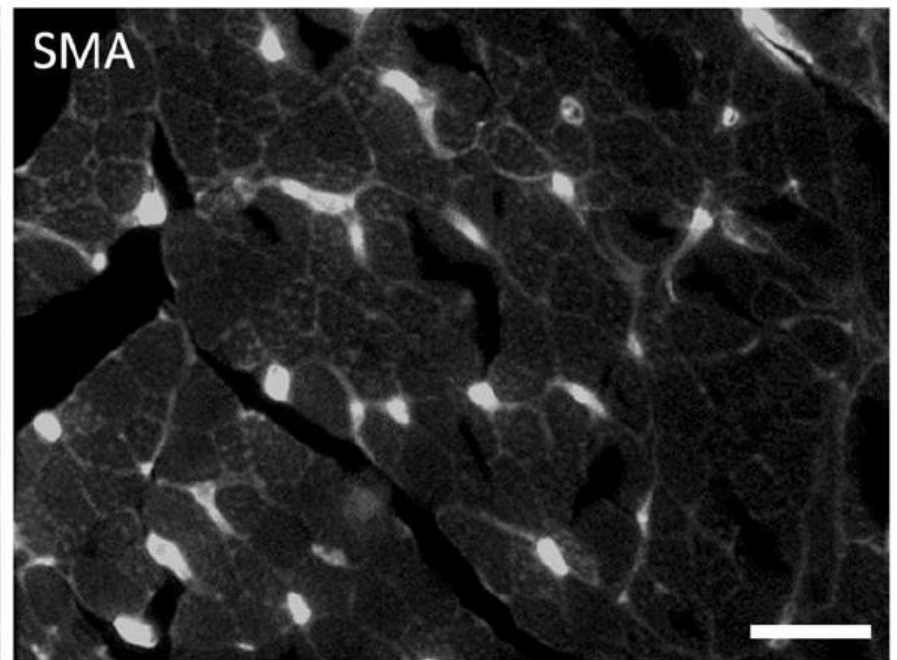
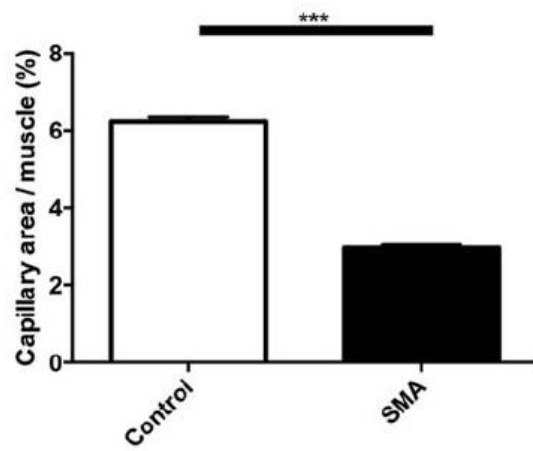
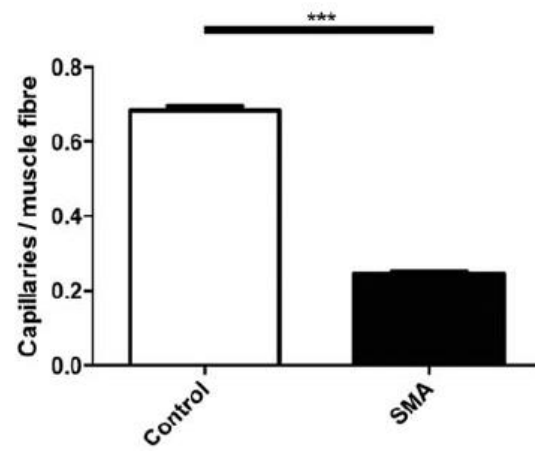
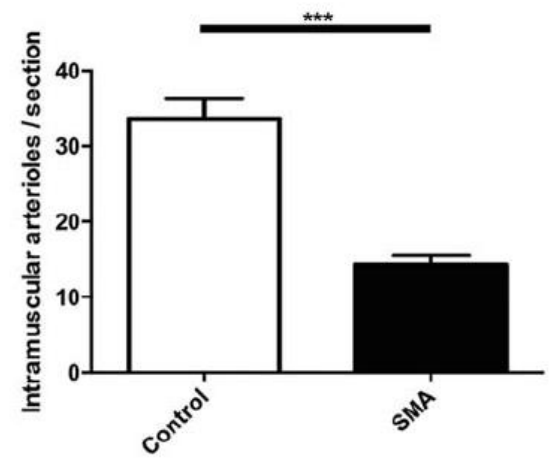
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- Cardiac defects in SMA Type I with one copy of SMN2 (Type 0, or 1a)
- Numerous reports in SMA Type I
  - Atrial septal defects
  - AV septal defects
  - Aortic valvular stenosis, coarctation
  - Hypoplastic aortic arch
  - Hypoplastic left heart syndrome
- Association not coincidental
- 3 / 4 Type 0 patients (75%) — expected incidence  $< 1 / 50$  million

# Vasculature / Autonomic nervous system

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- Symptomatic bradycardia (15 / 63 Type I, Bach, 2007)
- Fluctuations in blood pressure
- Distal finger necrosis (Type I patients)
- Reduced capillary density in muscles of SMA mice and Type I and II patients
- Microvascular abnormalities in Type II, III patients
  - Microvascular injury
  - Impaired repair

**A****B****C****D****E**

# Vasculature in SMA

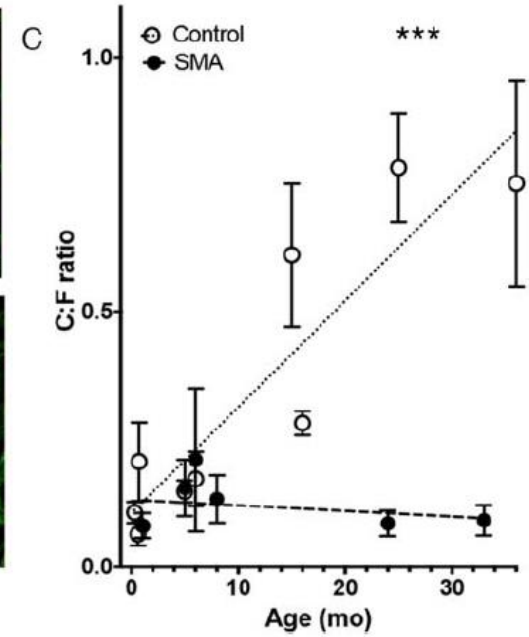
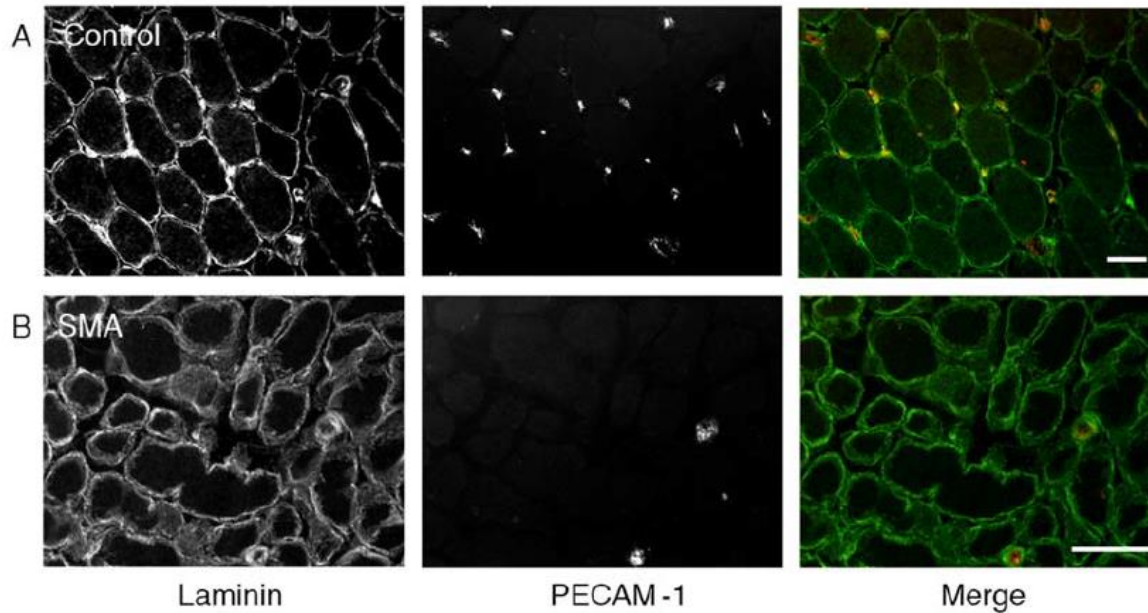
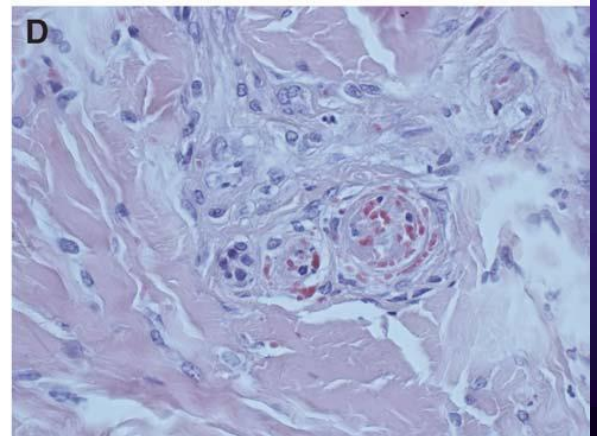
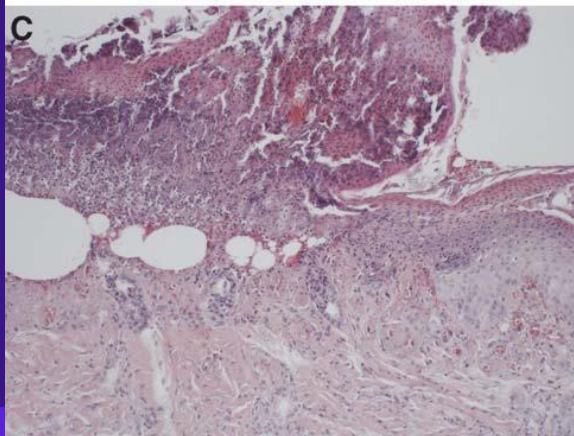
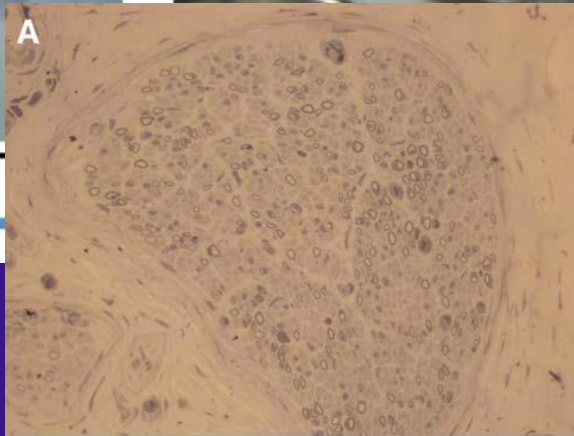




Figure 1. Digital necrosis.



# Liver

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- **Fatty vacuolization of liver (severe SMA)**
- **Dicarboxylic aciduria**
- **Increased levels of esterified carnitine**
- **Increased C12:C14 ratio (all SMA patients) compared to healthy controls and non-SMA denervating conditions**
- **Level of ketones normal, not reduced in urine**

# Kidney

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- **Proteinuria in 20% of Type I patients (nusinersen trial data)**



# Spleen / Lymphatic system

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## SMA Type I

- Morphological changes in spleen
- Reduced size
- Lack of lymphocytes
- Increased levels of megakaryocytes

## Bone

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- Decreased bone mineral density
- Increased incidence of fractures
- Greater rates of vertebral fractures

## Connective tissue

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- Joint pain
- Joint hypermobility / hyperextensibility
- Abdominal wall hernias
- Poor wound healing

# Pancreas

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- **Three cases of acute pancreatitis (Bach, 2007)**
- **Abnormalities of islet cells (↑ alpha, ↓ beta)**
- **Abnormal glucose levels**
  - **Hyperinsulinemia, resistance to insulin**
  - **Hypoglycemia**
  - **Hyperglycemia (39% of Type I patients — nusinersen data)**

# Gastro-intestinal

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- **No gross necrosis of GI tract**
- **Poor motility, acute ileus, pseudo-obstruction**
- **Progressive intolerance to bolus feedings**
- **Failure to absorb nutrients**

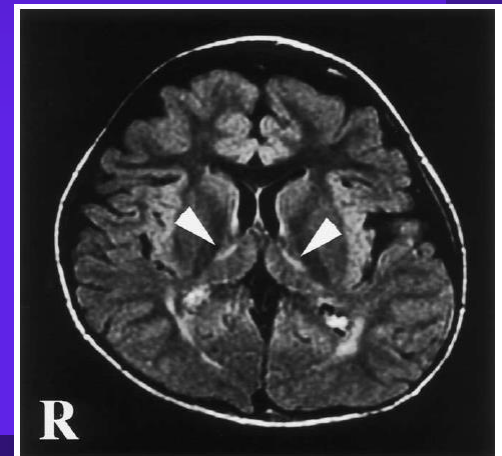
# Lungs

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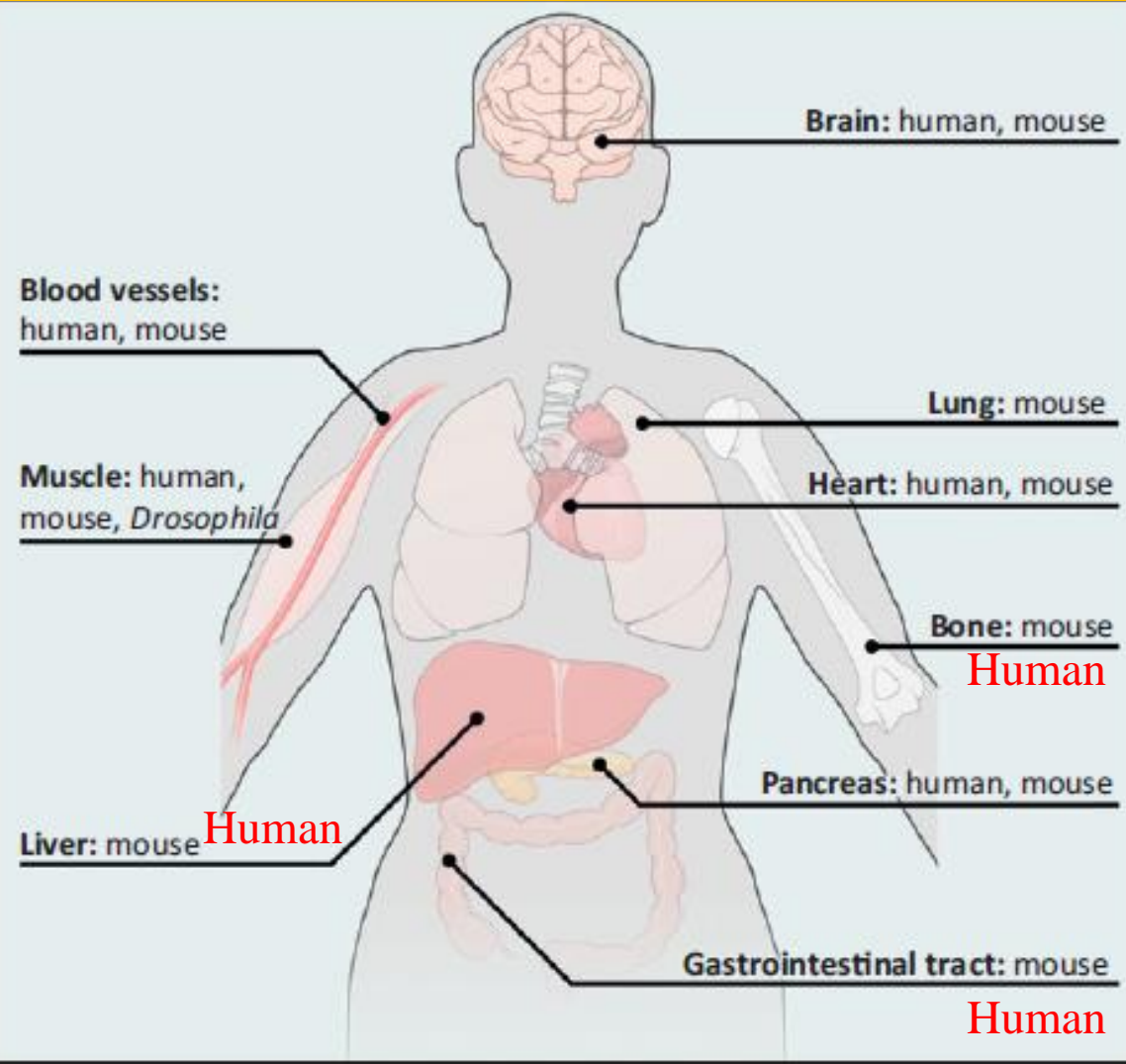
- **Pulmonary complications are very common in SMA**
- **Limited information on structural lung damage in SMA autopsies**

# Brain/sensory system

- Cognitive function is well preserved in chronic SMA. Not enough data for Type I patients.
- Pathological changes in the brain, particularly the thalamus, are common at the severe end of the SMA spectrum
- Disrupted sensory pathways



# SMA is a multi-organ/whole body disease





Thank you